



EUDAIMONIA - SERENITY & SPIRITUALITY SESSIONS

"Eudaimonia" - A Greek word that means "good spirit", often interpreted as "happiness."

Angelica Roseclove, Greek well-being and mindfulness mentor, will lead Lindian Village guests to the "eudaimonical" path through the world of ancient Greek culture and art, as a spiritual awakening to their destiny.

"Eudaimonia -Feelings are born in Greece" sessions are an experience for body, mind, and soul inspired by the nine Muses of Greek mythology. All activities have been specially curated to achieve the "soul's glory," which is what the nine Muses embody, by fueling individuals with creative inspiration.

Dates:

19-24/06 | 17-22/07 | 21-26/08 | 18-23/09

Day 1 | Urania & Melpomene

Empowerment Crystals & Spiritual Awakening
Crystal healing, mindfulness meditation
& spiritual speech

Day 2 | Calliope

The Power of Visualization & Aura's Rebirth
Higher self mirroring, mindfulness meditation
& spiritual speech

Day 3 | Polyhymnia

Mental Manifestation & Self-Awareness
Affirmations
Self-esteem & confidence boost techniques,
mindfulness meditation & spiritual speech

Day 4 | Euterpe & Terpsichore

Healing Music & Aura Cleanse
Contemporary dance, mindfulness meditation
& spiritual speech



Day 5 | Clio

Destiny & Higher Self
Inner self analysis, mindfulness meditation
& spiritual speech

Day 6 | Thalia & Erato

Mother Nature & Cosmic Love
Sensory awareness, mindfulness meditation
& spiritual speech

Price per session: 120€

Bookings at Guest Relations desk, 09:00-15:00 | 16:00-20:00



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